



PRIME SPORT

RISHI VALLEY SPORTS TABLOID

DAY 2 - 30 AUGUST 2019

BILVA

Breaks Javelin A-Boys record!



SHRIMADHI

Madhi breaks two records on Day 1!

PV SINDHU

An inspiration for all!

FEET ON FIRE

With a little help from WIND-YA!

RECORD OF RECORDS

Eight records on Day 1!!

THIS AND THAT

News-worthy news

ISSUE NO 2

WINNERS TAKE IT ALL!

EDITORIAL

The rain tried to play the spoil sport but it could not dampen the spirit of the athletes who bagged 8 records on Day 1 of Sports Meet 2019. A total of 6 records were broken, 2 new records were created and 1 was equalled. Shrimadhi broke the first record of the day in A Girls Shot put 10lbs by covering 8.96m. In doing this she has broken the 26 year old record of P Pavani(1993) whose distance was 8.72m. Shrimadhi also broke the Javelin record for A Girls. Since there were no other participants she competed with the boys and threw a distance of 27.14m. She has broken Nehanda's record of 23.36m set in 2000. Javelin A Boys record was broken by Bilvasai who with a distance of 46.0 m has broken Arjun Nair's record of 45.84 m set in 2013.

Both C Boys and C Girls broke the records in the Obstacle race. Krish with 10.37 sec broke Vaishak's record of 10.44 sec set in 2016. Aarushi on the other hand with 11.47 sec broke the previous record of Sreeja's 11.63 sec also set in 2016. Finally, Lagsdan with 49.10 m has overthrown Tharan Reddy's throw of 47.40m in 2014. With the introduction of Steeplechase event for A and B Boys, two new records have been created this year. Safdar's record for A Boys is 13.26.91min. Anvit's record for B Boys is 13.18.81 min. Saaketh is the third person to equal T N Abiram's High Jump B Boys record of 1.58 m set in 1982. The others who have equalled it are Ramesh R in 1998 and Vishnu in 2018. Hopefully, someone will break it next year.



A TRIBUTE



Sports day has finally come around,
You can hear those drumbeats sound.

Heats have passed but it's still hot,
Let's see what the players have got.

There's a newcomer - Steeplechase,
Have you heard, it's so the craze.

Ready, get set - THUNDERCLAP- go!
The shorrange sprinters are the pros.

Be it relay or the hundred metres,
Let's hear it for these victory seekers.

The jumps will be unique things,
Coz, this time Walyte gives you wings.

Objects flying overhead,
Please be safe, or you'll wind up dead.

Hopscotch comes best of all,
Makes no matter be you short or tall.

We liked this, we hoped you might,
We've been toiling day and night.

Five preps a week - no sleep at all,
We present you the Tabloid, for one and all!



Vihaan & Eshanekaa





AN INSPIRATION FOR ALL!

PV SINDHU

On Sunday 25th Aug 2019, PV Sindhu reached a pinnacle in her golden career that no other Indian has ever reached. The young Indian won the World Badminton Championships by beating Nozomi Okuhara of Japan. The Olympic silver medalist breezed through the finals, winning the game 21-7, 21-7. The game lasted just 38 minutes.

Even though she lost in the first round, she made a smashing comeback in the second round, by beating Pai Yu Po. Her next goal is to win an Olympic gold medal.

In RV, 'baddy' is a craze among the juniors and the seniors. We can see hardworking badminton players practising in the court all weekend long! It is evident that hard work and perseverance are important in achieving our goals. Let us draw inspiration from this great badminton genius and try our best.

Lalith, Akriti & Esha



SUN WAS SPARKLY ...

SO WERE THE PREPPIES!

The day seemed right for start of sports events. It was sparkly and bright with a crispness in the air. It certainly seemed to have pepped up the preppies on the field.

The first event was 25m race with Toshan and Greeshma finishing it together. This was followed by the 50m race with Karthikeya, Saanvi and Siyona in places 1, 2 and 3 respectively. Potato Gathering race which involved collecting three pieces and putting them on the other side like shuttle run had Greeshma in 1st place and Toshan in 2nd place. The obstacle race with hula hoops and hurdles had Karthikeya, Snigdha and Nitya finishing one after another. They finished with the 50m relay race with the winning team of Karthikeya, Snigdha and Nithya's team closely followed by Saanvi and Siyona.

Liam & Lakshman

Q: What do you call a joke without a leg?
 A: A LAME JOKE!
 If you injure your leg during slow-cycling you will become the lame joke! Ha! Ha!

Krish & Saatvik G

WITH A LITTLE HELP FROM WIND-YA

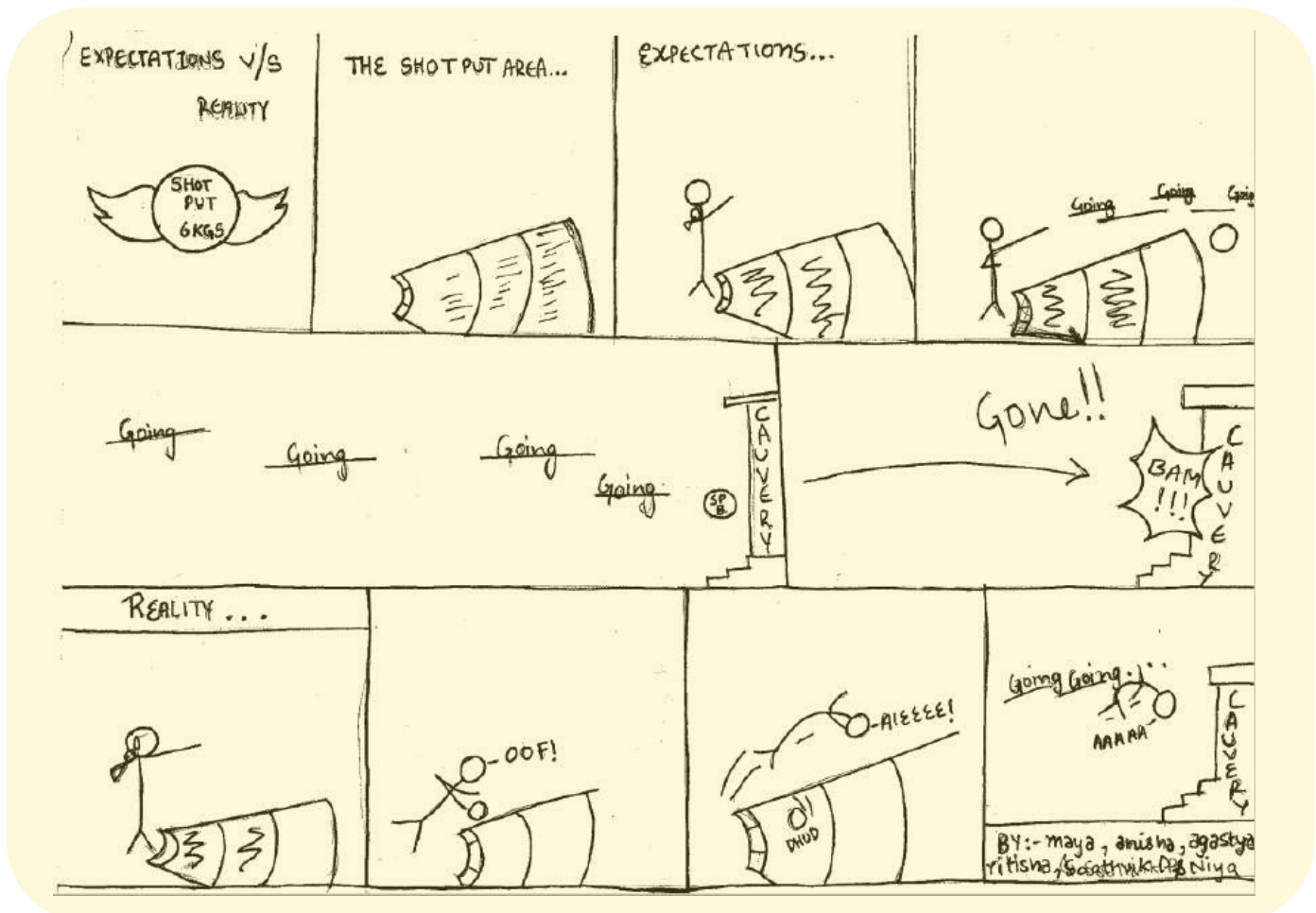
FEET ON FIRE

As the players lined up to start the race there were three hundred pairs of eyes on them. Everybody wanted to see this new race. As the clapper thundered, Anssh took the lead and held onto it for the better part of the race. Everyone was sure that the race was HIS. In the last five rounds however we saw someone beginning to catch up!

Safdar was at his heels! Faster, faster, closer, closer! With only two rounds left, anyone could win. And then with a sudden burst of energy, Safdar shot ahead. He had the lead and wasn't going to let it go! Just one round left and Safdar was running with seemingly endless stamina. As he flew over the last hurdle he literally won by many, many leaps and bounds. A few seconds later Anssh came in second place, with Aatreya finishing third.

We interviewed Safdar about his victory. He said that the race was exhilarating and it felt good to have that burst of energy in the end. When asked about the length of the race he said that this was the longest competitive race he has ever taken part in. He also told us that he imagined his sister Vindhya (aka WIND-ya) running alongside him. When we asked for a comment he said, "Run, run till your feet burn; because then you'll be running on fire."

Vihaan & Vyshnavi



DAY 2 EVENTS

WINNERS AT A GLANCE

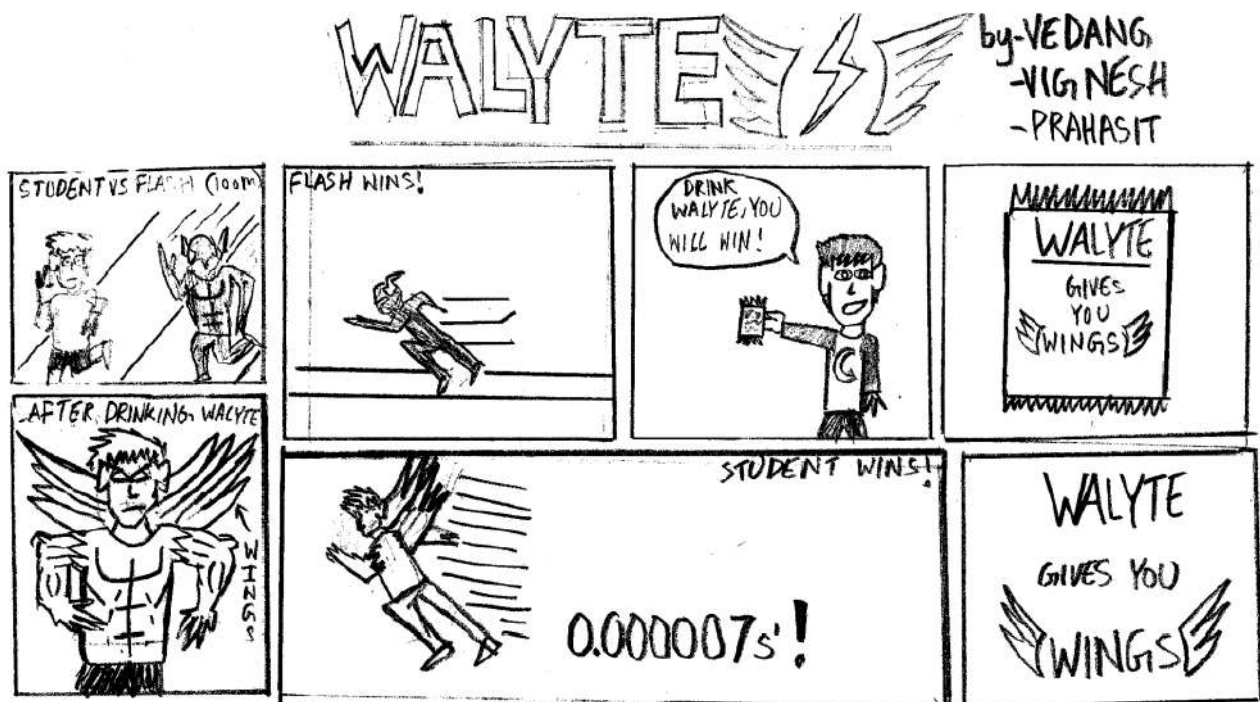
No	Events	1 st	2 nd	3 rd
1	25m Run [Prep] Jr	Greeshma	Toshan	--
2	50m Run [Prep] Sr	Sai Karthikeya	Saanvi	Siyona
3	25m Potato Gathering [Prep] Jr	Greeshma	Toshan	--
4	50m Obstacle Race (Loop & Hurdle) [Prep] Sr	Sai Karthikeya	Saanvi	Siyona
5	50m Run [Children 4th]	Kabir 8.69 sec	Gattik 8.87 sec	Jahnavi 8.90 sec
6	50m Run [D Girls]	Induvadana 8.42 sec	Sritha 8.66 sec	Ayathi 9.03 sec
7	100m Run [C Girls]	Aarushi 15.03 sec	Revati 16.08 sec	Prajna 16.14 sec
8	100m Run [D Boys]	Lagsdan 15.53 sec	Gareth 15.76 sec	Conain 15.94 sec
9	100m Run [Children]	Kanaiah (REC) 16.53 sec	Kabir 17.56 sec	Gattik 17.63 sec
10	100m Run [D Girls]	Induvadana 16.41 sec	Sritha 16.90 sec	Kimaya 17.47 sec
11	100m Run [C Boys]	Krish 13.59 sec	Panav 15.36 sec	RehanK 15.50 sec
12	100m Run [B Girls]	Rhea R 15.25 sec	Manasvini 15.79 sec	Tanaya 16.20 sec
13	100m Run [A Girls]	Shreya Bhatt 15.00 sec	Ria Sojan 15.63 sec	Eksheka 15.88 sec
14	100m Run [B Boys]	Anand 12.72 sec	Suchir 13.01 sec	Sanan 13.54 sec
15	100m Run [A Boys]	Aman 12.31 sec	Arnab 12.37 sec	Indraneel 12.90 sec
16	High Jump [A Boys]	Vishnu 1.60 m	Aman 1.49 m	Vishak 1.44 m
17	Long Jump [B Girls]	Rhea R 3.65 m	Mishka 3.40 m	Rachana 3.38 m
18	Shot Put [10 lb] [A Girls]	Shrimadhi 8.96 m RECORD	Aman 6.15 m	Anjali 5.96 m
19	Javelin Throw [B Boys]	Saaketh 36.5 m	Suryavedha 31.4 m	Abhinav 25.58 m
20	Cricket Ball Throw [Children, 4th]	Abhiram 27.37 m	Kartikeya 27.06 m	Kabir 25.08 m
21	Triple Jump [A Girls]	Joyeeta 7.60 m	Meghana 6.85 m	Vanya 6.15 m
22	400m Run [D Boys]	Lagsdan 1 min 17.53 sec	Likhith 1 min 19.43 sec	Rupesh (REC) 1 min 19.78 sec
23	400m Run [C Girls]	Aarushi 1 min 17.35 sec	Prajna 1 min 20.10 sec	Jaahnavi 1 min 21.28 sec
24	400m Run [C Boys]	Krish 1 min 12.31 sec	Jatin 1 min 16.76 sec	Sebastian 1 min 17.47 sec
25	400m Run [B Girls]	Tanaya 1 min 18.63 sec	Manasvini 1 min 24.01 sec	Chathurya 1 min 29.13 sec
26	400m Run [A Girls]	ShreyaB 1 min 16.75 sec	Joyeeta 1 min 24.43 sec	AnunyaK 1 min 32.81 sec
27	400m Run [B Boys]	Saayan 1 min 07.60 sec	Anvit 1 min 09.03 sec	Yashvardhan 1 min 14.91 sec
28	400m Run [A Boys]	Arnab 1 min 00.56 sec	Aman 1 min 05.97 sec	Abhiraj 1 min 12.41 sec
29	25m Spoon and Lemon [C Girls]	Saanvi 7.18 sec	Medha 7.87 sec	Yamuna (REC) 8.10 sec
30	25m Needle and Thread [D Girls]	Akwama	Ahana	Izvara
31	Long Jump [D Boys]	Aadit 3.57 m	Gareth 3.53 m	Sohm 3.43 m
32	Javelin Throw [A Boys]	Bilvasai 46.0 m RECORD	Stanzin 45.13 m	Tharan 35.46 m
33	High Jump [B Boys]	Saaketh 1.58 m	Sanan 1.45 m	Kirtan 1.43 m
34	Shot Put [8 lb] [B Girls]	Varshita 8.09 m	Rhea R 8.07 m	Mishka 7.58 m
35	Long Jump [A Girls]	Joyeeta 3.50 m	Ria Sojan 3.27 m	Vanya 3.0 m
36	50m Obstacle Race [Children, 4th]	Kabir 12.28 sec	Gattik 13.34 secs	Jahnavi 13.47 sec
37	50m Obstacle Race [D Girls]	Anamika 12.62 sec	Vedika 12.73 secs	Izvara 13.33 sec
38	50m Obstacle Race [D Boys]	Sohm 11.47 sec	Neil 11.69 secs	Likhith 12.03 sec
39	50m Obstacle Race [C Girls]	Aarushi 11.47 sec	Ria R 12.15 secs	Swati (REC) 12.24 sec
40	50m Obstacle Race [C Boys]	Krish 10.37 sec	Prakhar 11.25 secs	S Siddhartha 11.46 sec
41	50m Slow Cycle Race [B Girls]	Keerthana 59.44 sec	Avini 51.6 secs	-----
42	50m Slow Cycle Race [B Boys]	Saaketh 1min 26.04 sec	Ayaan 1 min 16.27 secs	-----
43	50m Slow Cycle [A Boys]	Angad 2min 22.46 sec	Shaunak 2 min 2.57 secs	Devshrut 1 min 34.19 sec
44	50m Slow Cycle [A Girls]	Xara 1min 4.85 sec	-----	-----
45	3000m Steeplechase [A Boys]	Safdar 13.26.91 min	Anssh Anand 13.48.50 mins	Aatreya 14.23.80 min
46	3000m Steeplechase [B Boys]	Anvit 13.18.81 min	Kirtan 14.11.49 mins	Anurag 14.13.81 min
47	High Jump [D Boys]	Aadit 1.17 m	Gareth 1.10 m	Sohm 1.10 m
48	Cricket Ball Throw [C Girls]	Sanjana 34.97 m	Medha 31.92 m	Aarushi 29.14 m
49	1000m Open [C Boys]	Shivam & S Siddhartha 4m 5.65s	Ahaan 9.97 m	Arav 4 min 19.20 sec
50	4x100m Relay [9,10,11,12 Boys + Girls]	Class11 57.34 sec	Class10 59.34 sec	Class12 1 min 0.34 sec
51	Shotput [10 lb] [B Boys]	Raheem 10.22 m	Abheet 9.97 m	SuryaVeda 9.32 m
52	Long Jump [A Boys]	Indraneel 5.85 m	Vishnu 5.42 m	Vishak 4.80 m
53	Long Jump [Children, 4th Boys + Girls]	Kabir 2.68 m	Gattik 2.67 m	Arjun 2.42 m
54	Cricket Ball Throw [C Boys]	Panav 51.78 m	Adharsh 44.05 m	Agastya 43.94 m
55	5000m Open [A + B Girls]	Purna 28 m 40.25 sec	Joyeeta 29 m 2.95 sec	Shriya 30 m 55.14 sec
56	1500m Open [A + B Boys]	Saayan 5 min 23.78 sec	Abhiraj 5 m 43.46 sec	Anurag 5 m 43.82 sec
57	800m Open [D Boys]	Likhith 3 min 19.40 sec	Sohm 3 min 33.13 sec	Conain 3 min 35.09 sec
58	800m Open [C Girls]	Jaahnavi 3 min 20.97 sec	Devayani 3 min 30.28 sec	Prajna 3 min 33.31 sec
59	300m Open [Children]	Kabir 1 min 5.28 sec	Gattik 1 min 6.25 sec	Kartikeya 1 min 8.9 sec
60	500m Open [D Girls]	Sritha 1 min 56.25 sec	Elsie 1 min 58.50 sec	Shreshtha 2 min 2.67 sec
61	Cricket Ball Throw [D Boys]	Lagsdan 49.10 m RECORD	Aadit 39.45 m	Charan REC 37.37 m
62	High Jump [C Boys]	Krish 1.35 m	Saaketh 1.27 m	Pranav 1.25 m
63	Long Jump [C Girls]	Aarushi 3.67 m	Prajna 3.62 m	Jaahnavi 3.37 m
64	3000m Open [A + B Girls]	Shrimadhi 16 min 56 sec	Keerthana & Avani 17 m 16.87 sec	Anhiti 18 min 44.79 sec



DAY 2 EVENTS

RECORDS AT A GLANCE

Event	Old record	Year	New record
Shot put 10lbs A girls	Pavani.P 8.72m	1993	Shrimadhi 8.96m
Steeplechase A boys	NEW RECORD	2019	Safdar 13.26.91 mins
Steeplechase B boys	NEW RECORD	2019	Anvit 13.18.81 mins
Javelin A boys	Arjun Nair 45.84m	2013	Bilvasai 46.00m
Obstacle race C boys	Vaishak 10.44 secs	2016	Krish 10.37secs
Obstacle race C girls	Sreeja 11.63 secs	2016	Aarushi 11.47secs
Cricket Ball Throw D boys	T N Tharan Reddy 47.40m	2014	Lagsdan 49.10m
Javelin A girls	Nehanda T 23.36m	2000	Shrimadhi 27.14m



ATHLETE CORNER

ANAND UNSTOPPABLE

Shritan: What are the events that you have been selected for? **Anand:** 100 m, 200 m, long jump, triple jump, discuss, javelin and three-legged race.

S: Are you close to breaking any records this year? Do you hold any records? **A:** I'm practising in order to break the long jump record this year.

S: While participating in the 100 m, if somebody pushes and you fall down, what will you do? **A:** I'll try my level best to get up and finish the race.

S: What does sportsmanship mean to you? **A:** You should push your limits and never stop.

S: What do you think is important? Winning or participating? **A:** I think both are important because sports is not only about participating.

S: Do you generally compete on sports day only to win or are you helpful to others? **A:** I do my best. If someone comes to me for advice, then I would definitely give them some tips.

S: Did you hear about the youngest sportsman who broke the CBT world record? Do you want to be like him? **A:** Nope. I do not want to pick sports as my career.

S: When do you play rough in sports? **A:** When I am very angry or upset about something, then I may.

Shritan

MISHKA MAGIC

Anisha: Do you think you're going to break any records this year? **Mishka:** I'm aiming for CBT.

A: How does it feel to participate with the 'B' Boys for the javelin throw? **M:** Its cool!

A: Who is your inspiration? **M:** Alisha Lehmann (woman footballer).

A: How does it feel to be interviewed for the tabloid? **M:** Weird, but I appreciate it.

A: What other events are you participating in? **M:** Slow cycling.

Anisha



THIS AND THAT

FLUMOXED FOURTHIES



During the 4thies tunnel ball relay, a girl was seen struggling with the ball. It slipped out of her hand, while a girl on the opposite

team had already got it. Instead of running ahead, the second girl waited for the first one, until both were on the same line, ready to run together. There was a slight possibility that the second girl was confused and stopped due to the confusion.

Liam & Lakshman

STEEPLECHASE RIDDLE!

Who was it in a muddle?
When his feet grazed the hurdle
And fell into a puddle,
Had the crowd in a huddle



Ans: Prahalad in a Twiddle

Shritan

THE GIRL WITH THE GREEN UMBRELLA

Prapti, a ninth grader was spotted dancing in a bright green umbrella and a matching green class t-shirt. Oblivious to people watching, she danced merrily like there was no tomorrow. When asked for a comment, she quipped, " the umbrella does not radiate the amount of bengaliness that I do".

Anisha & Vihaan



HAIL BILVA!



Record Broken:
Javelin A- Boys.
Inspiration: Anshul.
First held a Javelin:
Grade 9

What next? Stanzin will break this record next year. **Encouraged by:** Sharat Anna who never lost faith in him.

Nirad

NOT AN INCH MORE

Saaketh joins the High Jump B Boys record brigade and is the fourth person to equal this record set by T N Abhiram in 1982. Two others who have equalled it are Ramesh R in 1998 and Vishnu in 2018. The record by the way is 1.58 m.

Vyshnavi & Manojna



A PEEK INTO RURAL FUN

Kanche (marbles)

Number of players - 2 or more

Where to play - on a flat surface

How to play? (easiest version)

It is a game of accuracy using marbles and fingers. It is played with 10-15 marbles using one as a pellet and the rest as target (but call for your marble before you hit).

Lagori (Seven tiles)

Number of players - up to 10

Where to play games field or park

How to play? A game of building and breaking stone towers without getting hit by the ball from the other team.

Ankh-mai-choti (Blindman's buff)

Number of players - 2 or more

Where to play on a flat surface; no obstacles

How to play?

A game of tag with a blindfolded denner

Lattu (Top)

Number of players - 1 or more

Where to play On a flat surface

How to play?

Spinning a cone shaped top by skillfully pulling the rope at the right time.

Gnanesh & Ram

Steeplechase: The New Sport

Like most sports events, the origins of Steeplechase can be traced back to the United Kingdom. The runners taking part would often race each other from one church steeple to the steeple of another church. The reason steeples were chosen was because they were easy to spot from long distances. This is where the name 'Steeplechase' was derived from. Later when the game became popular, barriers, stone walls and small rivers were also used as obstacles. Now in the modern day, man-made hurdles and water pits are used.

Steeplechase is a 3000m track event. The students take 15 rounds, jumping over hurdles which are placed after every 100m. This event is for A and B boys. The students really enjoyed this event during the heats and they participated with determination. Special thanks to the Building Department who made the hurdles for this event.

Ritisha & Shraddha

A LEGENDARY RUNNER!

BEHIND THE YOGA

According to Ramola Sir, fourthies and fifties are very much interested in Yoga. They do eight Suryanamaskaras in every yoga class. Five people of this group performed headstand. In total, they performed twelve aasanas.

Yoga's Benefits: Ramola Sir says, "Yoga won't just keep you healthy but even keeps you disciplined. How you sit, how you walk, how you stand up, all this affects your daily life".

Oh! About his running: Ramola Sir is very passionate about his running. He takes thirty rounds each morning in the ground. Recently he ran a full marathon in Hyderabad—42 km long! He is an inspiration to every person in this world who thinks he is old because he is just 64. He encourages students to run with him. Some people even ran 10K with him. This includes sporty and fantastic people like Ram and Arko. A great person said (anonymous) "He will run if there is a flood, only if he is running with Ramola Sir". If you want to increase your stamina, Ramola Sir will always be happy to help you.

Jayesh & Agastya

OFF THE COURT

OFF THE FIELD

Hopscotch is a Sports Day tradition along with drinking lots of Walyte (keeping hydrated is important!). Since all the sporting events are in the football field, hopscotch is usually played in the basketball fields. Some useful tips for a good game of hopscotch:

Choose a good stone and keep it safe before someone else finds it!

The flatter the stone, the better the game.

Aim well.

Do you know that there are more than 15 varieties of hopscotch being played in RV during the Sports Meet? Other popular Sports Day games are **Foyer** - a version of football played by students across classes. **Damball** - needs no introduction as it is a 'fav' sport for many years now.

Ria & Vihaan



GOT SHOT! CLICK CORNER

A new one!



Victory stand!



Relay race!



LAST BUT NOT THE LEAST
THERE'S NO SPORT WITHOUT SPECTATORS!
THANK YOU ALL!!!



Today's edition of the tabloid is brought to you by
Anisha, Eshanekaa, Arav, Nirad, Saaketh,
Shritan, Yeshwa, Vyshnavi, Hiya, Kiera,
Manojna, Lakshman, Liam, Gnanesh, Sathvik, Vihaan

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